

Ride Name: Grade: Map Required:

Total Distance:
Approx. Ride Time:
Total Height Climbed:

2.5hrs (approx.) 198m

## Cycling Legend

ROUTE A road B road C road Track

The route is shown as a broad purple line with the type of road and surface inset.

----- Other Bridleway

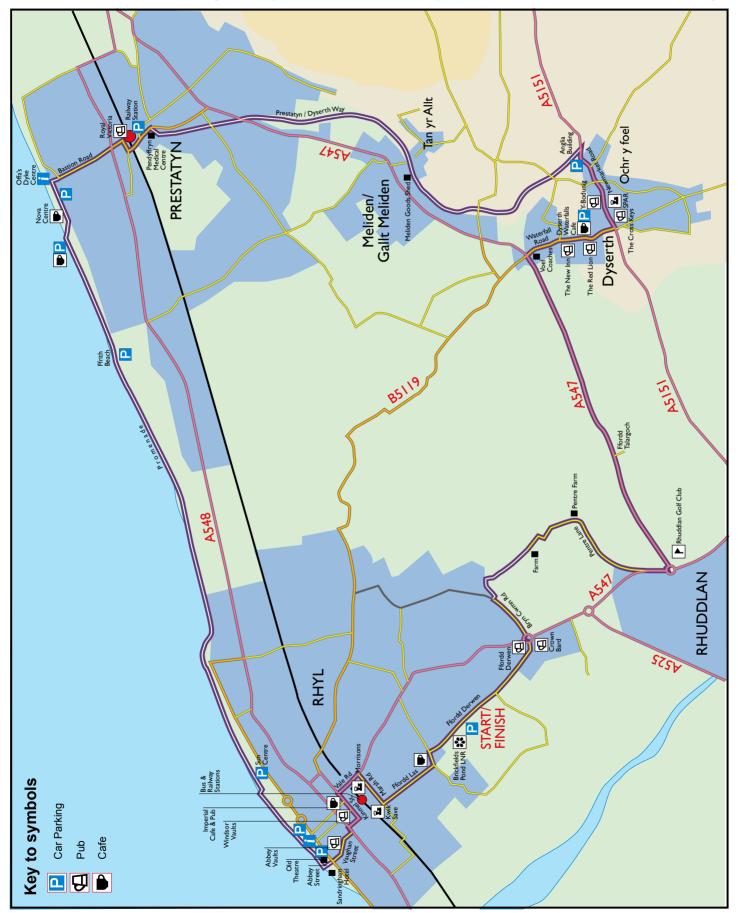
These maps are based on the 1947 OS 1" to 1 mile map, and updated from ground/bike surveys and aerial photography.

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Along the Sea Front Easy / Beginner

OS Explorer 264

22Km (approx.)



Symbol	Description	Distance (Km)
SP	At the Brickfield's Pond Gateway car-park	
	At crossroads turn left	0.3
	Follow road right onto Ffordd Las. You will pass the KJ Ford garage	
	on the left	0.4
	Turn right onto Marsh Road	0.9
	Turn left onto Vale Road. This takes you over the railway bridge	1.3
	Turn left onto Kinmel Street. Passing Bus station on your left	1.5
	Turn right	1.8
	Turn left	1.9
	Turn right onto Vaughan Street	2.0
	Follow road straight onto Abbey Street	2.0
	Cross the main road and make your way past the old theatre to the	
	Promenade where you will meet the cycle track	2.2
	Turn right and follow the cycle track for 6.5km / 4 miles	2.3
	Nova Centre on right	8.5
	Turn right past the Offa's Dyke Centre	8.6
	Follow Road (Bastion Road) to traffic lights	8.7
	At traffic lights, carry straight on	9.2
	Follow road right	9.4
	Follow road left over the railway bridge	9.5
	Turn right onto Banastre Avenue. Pendyffryn Medical Group Surgery	
	is on the corner	9.9
	Turn left onto the Prestatyn-Dyserth Way (through the surgery	
	car-park). This is a 2 2/3 miles long footpath along the route of	
	a disused railway. Continue along the walkway to the Dyserth	0.0
	end	9.9
	Meliden Goods Shed (disused ) on right	12.3
	Turn right onto A5151 (Newmarket Road)	14.0
	Turn right down Waterfall Road	14.6
	Turn left onto Ffordd Talagoch	15.4
	Turn right at roundabout towards Rhyl	18.4
	Turn left ente Para Cyclip Bood	<b>18.6</b> 20.5
	Turn left onto Bryn Cwnin Road  Go straight over the roundabout onto Ffordd Derwen	20.5 <b>21.0</b>
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