

Llwybr Blue Scar

Gradd..... glas/cymedrol Pellter..... 7km
Amser..... 1 - 1½ awr Dringo..... 177m

Dosbarth y Llwybr	Glas/ Cymedrol 
Yn addas i	Beicwyr canolradd/beicwyr mynydd gyda sgiliau beicio oddi ar y ffordd sylfaenol. Beiciau mynydd neu feiciau hybrid.
Mathau o lwybrau ac arwyneb	Fel y 'Gwyrdd' gyda thrac sengl wedi ei adeiladu'n arbennig. Gall arwyneb gynnwys rhwystrau bychan fel gwreiddiau a chraig.
Nodweddion graddiant a thechnegol y llwybr	Mae'r rhan fwyaf o raddiannau'n gymedrol ond gall fod yna adrannau serth byr. Cynnwys nodweddion llwybr technegol a graddiannau bach.
Lefel ffitrwydd awgrymiedig	Gall safon dda o ffitrwydd fod o gymorth.

Blue Scar Trail

Grade..... blue/moderate Distance ... 7km
Time 1 - 1½ hours Climb 177m

Bike Trail Grade	Blue/ Moderate 
Suitable for	Intermediate cyclist/mountain bikers with basic off-road riding skills. Mountain bikes or hybrids.
Trail & surface types	As "Green" plus specially constructed single track. Trail surface may include small obstacles of roots and rock.
Gradients & technical trail features (TTFs)	Most gradients are moderate but may include short steep sections. Includes small TTF's.
Suggested fitness level	A good standard of fitness can help.

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Daw ei enw o hanes glofaol y cwm, ac mae llwybr gradd cymedrol Blue Scar wedi'i lunio fel 'dilyniant' ar gyfer beicwyr sy'n hyderus iawn ar lwybrau Gwyrdd ac sydd am ddechrau rhoi cynnig ar lwybrau mwy anghysbell a heriol.

Cadwch lygad am ambell i ddarn mwy serth a allai'ch herio, ond a fydd yn eich helpu i ddatblygu'ch sgiliau a magu'ch hyder!

At ei gilydd, mae'n llwybr rhagorol i symud eich beicio ymlaen a'ch cyflwyno i rwydwaith llwybrau go iawn Afan.

Taking its name from the mining history of the valley it sits in, the Blue Scar moderate grade trail is designed as a 'progression' for riders who are very competent on Green trails and who want to start trying more remote and challenging trails.

Watch out for the odd steeper sections that may challenge you but will help you develop your skills and confidence!

All in all, a fantastic trail to progress your riding and introduce you to the real Afan trail network.

