

Llwybr Temtiwr

Gradd.....Coch/Anodd
Amser0.5-1 awr

Pellter8.7km
Dringo.....170m

Dosbarth y Llwybr	Coch/Anodd ▲
Yn addas i	Beicwyr mynydd medrus gyda sgiliau oddi ar y ffordd dda. Addas i feiciau mynydd oddi ar y ffordd o ansawdd da.
Mathau o lwybrau ac arwyneb	Yn fwy serth a chaled, trac sengl gan fwyaf gydag adrannau technegol. Disgwyliwch lawer o arwynebedd amrywiol.
Nodweddion graddiant a thechnegol y llwybr	Fe fydd yna amrywiaeth eang o ddringfeydd a disgyniadau eithaf heriol. Disgwyliwch ddod ar draws llwybrau bordiau, ysgafellau, creigiau mawr, camau cymedrol, disgyniadau, cambrau, a chroesi dŵr.
Lefel ffitrwydd awgrymiedig	Lefel uwch o ffitrwydd a stamina.

Temtiwr Trail

Grade..... Red/Difficult
Time..... 0.5-1 hour

Distance.....8.7km
Climb170m

Bike Trail Grade	Red/Difficult ▲
Suitable for	Proficient mountain bikers with good offroad riding skills. Suitable for better quality off-road mountain bikes.
Trail & surface types	Steeper and tougher, mostly singletrack with technical sections. Expect very variable surface types.
Gradients & technical trail features (TTFs)	A wide range of climbs and descents of a challenging nature will be present. Expect boardwalks, berms, large rocks, medium steps, drop-offs, cambers, water crossings.
Suggested fitness level	Higher level of fitness and stamina.

Llwybr Beicio Mynydd Temtiwr Mountain Bike Trail



Mae'r llwybr byr, technegol hwn yn fan cychwyn da iawn cyn l chi fentro ar deithiau mwy heriol Coed y Brenin.

Mae'n dipyn o her o'r cychwyn cyntaf gyda slabiau a grisiau cerrig. Mae'n cynnwys ambell nodwedd gradd coch a du, ac allt serth iawn i fyny ffordd goedwig.

Os gallwch chi daclo hwn, fe fyddwch chi wrth eich bodd gyda'n llwybrau eraill.

If you want to try the more challenging trails at Coed y Brenin, then this short but technical trail is a great introduction to show you what's in store.

It's tough right from the start with rock slabs and steps. It includes some red and black grade features and a long hard forest road climb.

If you can handle this, then you'll love our other trails.



Temptiwr



- Llwybr Temtiwr
Temptiwr trail
- Trac sengl
Singletrack
- Ffordd coedwig
Forest road
- Ffordd cyhoeddus
Public road
- Postyn lleoliad
Waymarker
- Parcio
Parking
- Gwybodaeth
Information
- Toiledau
Toilets
- Mynediad hawdd
Easy access
- Caffi
Café
- Siop feics
Bike shop
- Y safon uchaf
Top of the grade

Cadwch lygad am arwyddion rhybudd "Y Safon Uchaf". Efallai yr hoffech chi gael golwg arnyn nhw cyn mentro. Look out for these "Top of the grade" warning signs. You might want to inspect these features before you ride them.

Canolfan Ymwelwyr
Visitor Centre



ARGYFWNG AR Y LLWYBRAU

- Ffoniwch 999 a gofynnwch am yr Heddlu.
- Gwnewch gofnod o ran arbennig y llwybr neu rif yr arwyddbost agosaf.
- Nid yw signalau ffônau symudol yn ddibynadwy ar hyd y llwybrau.
- 'Lleoliad presennol' Llwybr Temtiwr, Parc Coedwig Coed y Brenin, Canolfan Ymwelwyr LL40 2HZ.

EMERGENCY OUT ON THE TRAILS

- Phone 999 & ask for Police.
- Make a note of the trail section or the number on the closest waymarker post.
- Mobile phone coverage is patchy throughout the trails.
- 'Current location' Temtiwr, Coed y Brenin Forest Park, Visitor centre LL40 2HZ.

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